



# What are Social Determinants of Health?

Traditionally, medicine has predominantly focused on diagnosing and treating specific clinical conditions, and not focused on social determinants. As medical knowledge has evolved and health systems shift towards value-based medicine, health care is beginning to acknowledge these non-medical conditions and their impact on health outcomes, health equity, and overall well-being.

These conditions, called Social Determinants of Health (SDOH) are conditions in the places where people are born, live, learn, and work that affect a wide range of health, functioning, and quality-of-life outcomes and risks. The five key domains of SDOH account for up to 75% of all health outcomes. These include health care and quality, neighborhood and built environment, social and community context, and economic stability, education access and quality.

 <b>Health Care and Quality</b>	 <b>Neighborhood and Built Environment</b>	 <b>Social and Community Context</b>	 <b>Economic Stability</b>	 <b>Education Access and Quality</b>
<ul style="list-style-type: none"> <li>Insurance Coverage</li> <li>Health Literacy</li> <li>Transportation to Health Care Facilities</li> <li>Copays</li> <li>Provider Availability</li> <li>Quality of Care</li> </ul>	<ul style="list-style-type: none"> <li>Housing</li> <li>Transportation</li> <li>Safety</li> <li>Walkability</li> <li>Recreation/Parks</li> <li>Water Quality</li> <li>Access to Healthy Food</li> </ul>	<ul style="list-style-type: none"> <li>Social + Community Integration</li> <li>Support Systems</li> <li>Community Engagement</li> <li>Stress</li> <li>Discrimination</li> </ul>	<ul style="list-style-type: none"> <li>Employment</li> <li>Income</li> <li>Debt</li> <li>Expenses</li> <li>Support</li> <li>Medical Bills</li> </ul>	<ul style="list-style-type: none"> <li>Higher Education</li> <li>Literacy</li> <li>Early Childhood Education</li> <li>Language</li> <li>Vocational Training</li> </ul>

Health, Well-Being, Functioning, Quality-of-Life Outcomes and Risks